



British Association for
Counselling & Psychotherapy



In therapy? Have concerns?

- About your therapist or the way your therapy is going?
- Wondering whether what you are experiencing is 'usual'?
- Something about your therapy doesn't feel right?
- Not sure what to do about it or who to talk to?

Our confidential service is designed for members of the public to discuss questions about their therapy.

**'Ask Kathleen' by calling
01455 883344 or email
ask@bacp.co.uk for a
confidential conversation.**

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About the BACP Register

The BACP Register of Counsellors & Psychotherapists is accredited by the Professional Standards Authority, an independent body accountable to Parliament.

All our Registrants are bound by the BACP Ethical Framework for Good Practice in Counselling & Psychotherapy.

You can also check if your therapist is on the BACP Register at www.bacpregister.org.uk/check_register

